

PARENTING CHILDREN COURSE



at WEST LEIGH BAPTIST CHURCH

Thursdays from 12th July, for a 10 week course.

Tea and toast at 9.30am.

Session starts at 10.00am. Finish at 11.30am.

Children welcome, baby area and craft set up.

In Elmsleigh Room with
Diane Morris and Emma Chamberlain.

Designed by Alpha to support and encourage parents and carers of 0 to 10 years by looking at:

- ▶ **building strong foundations**
- ▶ **meeting our children's needs**
- ▶ **setting boundaries**
- ▶ **teaching healthy relationships**
- ▶ **our long term aim**

Alpha courses are designed with Christian values but all or no faith are welcome.

For more information on the Alpha courses visit their website Alpha.org.

Other dates and times to come will be fixed in the Autumn.

For booking your place or for more information please email Emma Chamberlain at: cherishbabymassage@gmail.com

